

## ***Preparing For Your Senior Portraits***

**\*So.... you have a closet full of clothes, but have no idea what to wear?  
Here are a few suggestions that will help you to look your best!**

**\*Choose a variety of outfits. Please bring at least 4-5 outfits that represent who you are ranging from casual to formal. (Make sure to include a special T-shirt, belt, ball cap, hat, boots, etc..)You may want to choose a few and have a parent choose a couple so everyone is happy.**

### **Outfit Ideas**

#### ***1. Head & Shoulder outfit.***

**I.e... sweater, blouse, shirt & tie, sport coat or suit.  
Solid colors work best for this. V-neck sweaters make your face look slim, turtle neck sweaters tend to make your face look full.**

#### ***2. Casual outfit.***

**I.e... khakis, capris, black pants, nice blouse or shirt.**

#### ***3. Jean outfit.***

**I.e... something you wear everyday, something that you are comfortable wearing.**

#### ***4. Sport outfit.***

**I.e... show us what you are involved in!!  
Football, baseball, volleyball, basketball, track, cross country, dance etc. Don't forget to bring the sporting equipment to go along with the outfit, or bring it all.**

#### ***5. Dressy outfit.***

**I.e... Prom gown, tuxedo, dress, skirt, suit, etc.**

**\*\*Please bring your clothing pressed & on hangers. If you can see through your clothing bring something to wear underneath it.\*\***

**\*Your face should be the focal point of your portraits. Try and stay away from busy patterns, but again... if that is you... then by all means, show yourself off!**

**\*Your face tones??**

**Yes, there are colors that look better on you than others. (See chart below)**

**\*Some poses will show your shoes, so don't forget to bring shoes and socks for each outfit that you plan to wear.**

**GLASSES - If you wear glasses, please ask your optometrist to supply you with a pair of frames without lenses for your portraits. This will eliminate the glare, distortion and darkness caused by some lenses. THIS IS VERY IMPORTANT!!**

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Props can help to show your personality and record the types of activities that you are involved in. Please be sure to bring some of your own props to your portrait session to "customize" your portrait. Here are some ideas:

- Letter or Leather Jacket
- Uniforms
- Caps and Hats
- Sports Equipment
- Stuffed Animals
- Sunglasses
- Musical Instruments
- Bathing Suits
- Hunting Gear
- Hobby Gear or Collection

### ***Hair Guys & Girls***

**Wear your usual style!**  
Attempting anything new will cause your hair to look unnatural. We suggest you style your hair as you do every day.

**Hair should be styled so your eyes are visible to the camera.**  
A little hair spray will help hold it in place. Please be sure your hair is just the way you want it. Most hair changes cannot be made on the finished portrait. Remember to bring hair spray, barrettes, clips, curling iron, etc. to the portrait session. If you will be having your hair styled at a salon the day of the session, we recommend you have a trial session before the day of your photography session

### ***Guys***

**A note about shaving...**  
A clean shave before your portrait session is recommended.  
The 5 o'clock shadow is very hard to remove once your photographs are taken.

### ***Make-Up***

**Make up should be applied for your portrait session. Foundation is used to blend skin tones and cover any small blemishes, guys & girls alike can use this trick. Blush gives your face contour and adds color to your skin. Translucent Powder reduces sheen, helps to eliminate shiny foreheads and noses. Mascara & eye liner highlight and enhance your eyes, frames your eyes. Eye shadow adds depth to the eyes. We suggest neutral color tones, avoid frosted eye shadow. Lip Color brightens entire face and adds color.**

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### **Determine Your Skin Tone:**

Decide which season most accurately describes your complexion. People - and skin tones - can be divided into "seasons," depending on their skin tone.

"Winter" complexions have blue or pink undertones. Skin can be pale white, yellowish-olive, or dark. Winter people are generally brunettes, with deeply colored eyes. Many Asians and African Americans fall into this category.

"Summer" complexions, like winter complexions, have blue or pink undertones. Skin is pale and pink. Summers are often natural blondes or brunettes with pale eyes.

"Autumn": Autumn complexions have golden undertones. Many redheads and brunettes with golden brown eyes fall into this category.

"Spring": Spring complexions have golden undertones and are usually creamy white or peach. Spring people generally have straw-colored or strawberry red hair, freckles, rosy cheeks, and blue or green eyes.

### **Clothes that Flatter Your Skin Tones:**

"Winter": Winters should wear colors that are sharp, stark and clear. White, black, navy blue, red and shocking pink all go well with winter complexions. For lighter colors, wear icy tones rather than pastels. Avoid subdued tones like beige, orange and gold.

"Summer": Summers should choose pastels and soft neutrals with rose and blue undertones. Lavender, plum, rose-brown and soft blue suit summers well while black and orange do not.

"Autumn": Autumns should select colors with golden undertones, like camel, beige, orange, gold and dark brown. Avoid colors with blue tones, like navy.

"Spring": Springs can wear warm colors like camel, peach, golden yellow and golden brown. Avoid dark, dull colors.